








SELf

socio-emotional leadership foundations

Informed by research in adult learning theory, and combined with Socio-Emotional and Character principles, SELf graduates will:

-  *Develop leaders' capacity to be their best self in order to serve students, school, and community.*
-  *Internalize Autonomy, Belonging, Competence, and Dignity and understand its impact in creating thriving school communities.*
-  *Embrace leading change effectively by understanding self and others.*
-  *Experience best practices in character education.*
-  *Build an awareness of the power of capacity mapping, future planning, and SEL in order to affect change.*
-  *Engage in experiential and problem-based learning to help bridge the gap between awareness and intentionality to action by cultivating a culture of character (SEL-Aligned) in a school/district.*
-  *Connect learning to evidence-based character and SEL frameworks.*

SIGN UP NOW!

*Join your education colleagues in
The Greater St. Louis Region*

*for this amazing
leadership opportunity.*

*SELf fee \$800 District Partner,
\$960 Non-Partner*

THE IDEAL SELf PARTICIPANT

*Superintendent
Assistant Superintendent
Principal
Director
SEL Program Coordinator
Counselor*

WHAT EDUCATORS SAY!

"I come in feeling disconnected and always leave feeling empowered."

"The activities have a clear purpose and lead to such great dialogue."

"I wish every educator and student could experience SELf!"

"SELf is a perfect mix of information and hands-on practice."

"I enjoyed every moment!"

Cohort 1:

September 19, 2024

October 17, 2024

November 21, 2022

January 14, 2025



Cohort 2:

January 16, 2025

February 11, 2025

March 6, 2025

April 29, 2025

CharacterPlus®

APPLY OR LEARN MORE -VISIT WWW.CHARACTERPLUS.ORG/SELF

QUESTIONS? CONTACT DR. JULIE SPERRY, DIRECTOR OF PROGRAM EXPANSION & INNOVATION - JSPERRY@CHARACTERPLUS.ORG

CharacterPlus | 2025 Craigshire Road | Suite 150 | St. Louis, MO 63146 | 314.665.1292 | www.characterplus.org | 501(c)(3)