



*Year-Long Cohort Learning
Customized to Your Region
4-7 On-Site Full-Day Sessions*

Informed by research in adult learning theory, and combined with Socio-Emotional and Character principles, SELf graduates will:

- Develop leaders' capacity to be their best self in order to serve students, school, and community.*
- Internalize Autonomy, Belonging, Competence, and Dignity and understand its impact in creating thriving school communities.*
- Embrace leading change effectively by understanding self and others.*
- Experience best practices in character education.*
- Build an awareness of the power of capacity mapping, future planning, and SEL in order to affect change.*
- Engage in experiential and problem-based learning to help bridge the gap between awareness and intentionality to action by cultivating a culture of character (SEL-Aligned) in a school/district.*
- Connect learning to evidence-based character and SEL frameworks.*

THE IDEAL SELf PARTICIPANT

Superintendent

Assistant Superintendent

Principal

Director

SEL Program Coordinator

Counselor

THE OVERALL IMPACT OF CHARACTERPLUS HAS SHOWN THESE OUTCOMES:

- Staff morale is higher*
- Staff possess a strong sense of purpose*
- Staff and students enjoy a higher level of administrative support*
- More students score proficient or advanced on assessments*
- Students demonstrate healthier prosocial behaviors*
- Fewer student behavior office referrals occur*
- Students report greater feelings of competence, belonging, and autonomy*
- Students are more likely to view the school as a community*

SEMESTER OPTION

4 SESSIONS



FULL-YEAR OPTION

7 SESSIONS

CharacterPlus®

APPLY OR LEARN MORE -VISIT WWW.CHARACTERPLUS.ORG/SELF

QUESTIONS? CONTACT DR. JULIE SPERRY, DIRECTOR OF PROGRAM EXPANSION & INNOVATION - JSPERRY@CHARACTERPLUS.ORG

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