



Counseling Academy in Character Education

Character Education Skill-Building for Mental Health Professionals

This academy is designed to build a community of wellness for those who provide social, emotional, and mental health support to students in school settings or other sites by helping them:

- Embrace the power of self-awareness
 - Rediscover their "why"
- Sharpen their communication skills
- Uncover strategies to rekindle their self-care

The CACE Mission

To equip social workers, counselors, and mental health providers with knowledge, experiences, and tools to rekindle their passion and commitment to themselves and those they serve.

CACE Session One

10.07.25



CACE Session Two

12.09.26



CACE Session Three

02.27.26

PARTNERSHIP ACADEMY FEE \$600 per participant. **NON-PARTNER** \$720. Lunch included. Sessions will be held at the CharacterPlus Offices located at 2025 Craigshire Road, Suite 150, St. Louis, MO, 63146.



MICHAEL BAROLAK, MSW
DIRECTOR OF PROGRAMMING

CharacterPlus

REQUEST OR LEARN MORE -VISIT WWW.CHARACTERPLUS.ORG/CACE

CONTACT MICHAEL BAROLAK, MSW, DIRECTOR OF PROGRAMMING - MBAROLAK@CHARACTERPLUS.ORG

CharacterPlus | 2025 Craigshire Road | Suite 150 | St. Louis, MO 63146 | 314.665.1292 | www.characterplus.org | 501(c)(3)