



Character-Based DISCIPLINE

"Maintaining the **dignity** of each student while constantly working toward the long-term goal of self-directed, self-regulated, and responsible behavior."

Humans learn and process through social interactions. Our behaviors are heavily influenced by our experiences with others. This academy explores the neuroscience behind human behavior and unpacks the essential elements that students need to be their best selves. Regardless of the discipline program your school uses, this session will enhance your practice by increasing your understanding of proactive research-based implementation strategies for before, during, and after behavior challenges occur.

FALL COHORT

8:30am-3:30pm

09/16/25 | 11/18/25 | 12/11/25



SPRING COHORT

8:30am-3:30pm

01/21/26 | 02/25/26 | 04/9/26

ACADEMY FEE

\$600 per participant. NON-PARTNER \$720. Lunch included. Sessions will be held at the CharacterPlus Offices located at 2025 Craigshire Road, Suite 150, St. Louis, MO, 63146.

Learn to Apply:

- discipline that is structured and also maintains the dignity of both student and staff member
- proactive strategies to improve relationships
- during-incident strategies to promote self-regulation
- post-incident strategies to encourage reason and repair

CharacterPlus

APPLY OR LEARN MORE - VISIT WWW.CHARACTERPLUS.ORG/CBASE

CONTACT ROXANNA MECHEM, DIRECTOR OF DISTRICT AND COMMUNITY PARTNERSHIPS - RMECHEM@CHARACTERPLUS.ORG

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