

Counseling Academy in Character Education CACE

Character Education Skill-Building for Mental Health Professionals



This academy is designed to build a community of wellness for those who provide social, emotional, and mental health support to students in school settings at other sites by helping them:

- *Embrace the power of self-awareness*
 - *Rediscover their 'why'*
 - *Sharpen their communication skills*
- *Uncover strategies to rekindle their self-care*

The CACE Mission

To equip social workers, counselors, and mental health providers with knowledge, experiences, and tools to rekindle their passion and commitment to themselves and those they serve.

CACE Session One

Tuesday, September 26, 2023

8:30am - 3:30pm

CACE Session Two



Tuesday, October 31, 2023

8:30am - 3:30pm

CACE Session Three



Tuesday, December 5, 2023

8:30am - 3:30pm

ACADEMY FEE \$750 per participant. Lunch included. Sessions will be held at the CharacterPlus Offices located at 2025 Craigshire Road, Suite 150, St. Louis, MO, 63146.



MICHAEL BAROLAK, MSW
SR. FACILITATOR, EJACE, SELF & CACE

CharacterPlus

REQUEST OR LEARN MORE -VISIT WWW.CHARACTERPLUS.ORG/CACE

QUESTIONS? CONTACT MICHAEL BAROLAK, MSW, SR. FACILITATOR, EJACE, SELF & MHPAICE - MBAROLAK@CHARACTERPLUS.ORG

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