

SELf

Inter & Intrapersonal Skill Foundations

by characterplus

Informed by research in adult learning theory, and combined with Inter and Intrapersonal and Character principles, SELf graduates will:

- Develop leaders' capacity to be their best self in order to serve students, school, and community.
- Internalize Autonomy, Belonging, Competence, and Dignity and understand its impact in creating thriving school communities.
- Embrace leading change effectively by understanding self and others.
- Experience best practices in character education.
- Build an awareness of the power of capacity mapping, future planning, inter and intrapersonal skill-building in order to affect change.
- Connect learning to evidence-based character and inter- and intrapersonal skill-building frameworks.

SELf 2.0

for educators who have already attended SELf

October 1, 2025
November 4, 2025
December 2, 2025



SELf 1.0

January 20, 2026
February 17, 2026
March 10, 2026
April 14, 2026

SIGN UP NOW!

SELf 1.0 fee \$800 District Partner,
\$960 Non-Partner
SELf 2.0 fee \$600 Partner,
\$720 Non-Partner



THE IDEAL SELf PARTICIPANT

Superintendent
Assistant Superintendent
Principal
Director
SEL Program Coordinator
Counselor

WHAT EDUCATORS SAY!

"I come in feeling disconnected and always leave feeling empowered."
"The activities have a clear purpose and lead to such great dialogue."
"I wish every educator and student could experience SELf!"
"SELf is a perfect mix of information and hands-on practice."
"I enjoyed every moment!"

CharacterPlus

APPLY OR LEARN MORE - VISIT WWW.CHARACTERPLUS.ORG/SELF

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