

SElect summer series

by characterplus

Join Todd for a powerful two-part session. The first focuses on "Bringing out The Power of your influence." In this session, you will develop your "Why" as a coach or AD. Or, more specifically, creating your personal mission statement. This self-work will help complete this very important and life-directing statement "I am a leader who is..." The second exercise focuses on a deep-dive self-assessment that, once thought through, will help you determine "What I Value" as the athletic role model for athletes, parents, and fans. The second part of this half-day session is titled "The Game is Meant to be played." Here Todd will help participants:

- Practice discernment with an intentional lens
- Create a new Score Card for yourself as a coach/AD
- Accept "The Call to Lead!" by ensuring your leadership DNA permeates everything you do
- Develop the skill of courage in our athletes and ourselves

Coaching Our Athletes to Compete Fiercely, Lead Boldly & Love Strong!

08.01.2023 🌐 8:30am - 11:30pm

2025 Craigshire Road, Suite 150, St. Louis, MO 63146



Todd Moeller, AD, O'Fallon (IL) HS.

Director of Athleadership Academy in Character Education (AAE)

- 🌐 Learn what character-based leadership really looks like.
- 🌐 Develop self-awareness skills to respond to failure, an inevitability even for high performers, versus react.
- 🌐 Create positive self-talk strategies that mitigate negative head chatter.

Audience: Grade 6-12 Coaches and AD's

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REGISTER USING THE QR CODE OR VISIT [CHARACTERPLUS.ORG/SElectSummerSeries](https://www.characterplus.org/SElectSummerSeries)

QUESTIONS? CONTACT Dr. JULIE SPERRY, DIRECTOR OF INNOVATION & EXPANSION - [JSPERRY@CHARACTERPLUS.ORG](mailto:jsperry@characterplus.org)

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