

SELf

Inter & Intrapersonal Skill Foundations

by characterplus

SIGN UP NOW!

SELf fee \$600 District Partner,
\$720 Non-Partner



Informed by research in adult learning theory, and combined with Inter and Intrapersonal and Character principles, SELf graduates will:

-  Develop leaders' capacity to be their best self in order to serve students, school, and community.
-  Internalize Autonomy, Belonging, Competence, and Dignity and understand its impact in creating thriving school communities.
-  Embrace leading change effectively by understanding self and others.
-  Experience best practices in character education.
-  Build an awareness of the power of capacity mapping, future planning, inter and intrapersonal skill-building in order to affect change.
-  Connect learning to evidence-based character and inter- and intrapersonal skill-building frameworks.

REGISTER



DATES

October 28, 2025
December 11, 2025
February 19, 2026



LOCATION

Frontier Charter Schools
District Multipurpose Room
6800 Corporate Drive
Kansas City, MO, 64120



THE IDEAL SELf PARTICIPANT

Superintendent
Assistant Superintendent
Principal
Director
SEL Program Coordinator
Counselor

WHAT EDUCATORS SAY!

"I come in feeling disconnected and always leave feeling empowered."
"The activities have a clear purpose and lead to such great dialogue."
"I wish every educator and student could experience SELf!"
"SELf is a perfect mix of information and hands-on practice."
"I enjoyed every moment!"

CharacterPlus®

APPLY OR LEARN MORE - VISIT WWW.CHARACTERPLUS.ORG/SELF

CONTACT MICHAEL BAROLAK, DIRECTOR OF PROGRAMMING - MBAROLAK@CHARACTERPLUS.ORG

CharacterPlus | 2025 Craigshire Road | Suite 150 | St. Louis, MO 63146 | 314.665.1292 | www.characterplus.org | 501(c)(3)